



## Proning with the Multistrap™ Lift Aid

EQUIPMENT OPTIONS	PROCEDURE	FACILITY COMMENT
CEILING LIFT OR FLOOR LIFT 2 MULTISTRAP LIFT AIDS – wide preferred  Ceiling lift: Minimum 3 caregivers Floor lift: Minimum 4 caregivers  Consider patient size, weight, morphology and acuity.	<ul> <li>Review organization's protocol for proning, including indications and applicable checklists.</li> <li>Explain procedure to patient (if appropriate).</li> <li>Adjust bed to appropriate working height.</li> <li>Lower side rails and remove headboard if possible.</li> <li>Plan which direction the patient will turn. Adjust equipment, tubing, leads and lines to ensure there is enough slack during the movement.</li> <li>Place Multistrap lift aids under patient so the top of the upper strap is under the armpit and the top of the lower strap is near the greater trochanter, off center per the picture on the left.</li> <li>Bring sling bar down parallel to patient (head to foot).</li> <li>Position limbs to prepare for turning.</li> <li>Connect the short loop straps of the Multistrap lift aids on the side the patient is turning away from and the long loop straps on the side the patient is turning towards.</li> <li>Check that straps are seated in sling bar then begin raising sling bar. As the lift begins, patient will begin to roll into a side-lying position.</li> <li>Lift until the patient is easy to slide but not fully off the surface. Slide patient to the side of the bed away from the turning direction to create as much turning/landing surface as possible.</li> <li>Position pillows, gel positioners, foam blocks and other positioning devices on receiving surface.</li> <li>Monitor all lines, airway, tubes as patient slowly rolls into position.</li> <li>Continue until prone position is achieved making sure the pillows, gel positioners, foam blocks and other positioning devices are in appropriate location as the patient rolls onto surface.</li> <li>Adjust patient position as needed.</li> <li>Remove Multistrap lift aids.</li> </ul>	Storage location, sling inventory, etc.

## For questions, please contact your Hillrom representative.

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